Figure 1: Analytic diagram of interpretative themes: Patients’ perceptions of CHD and depression

- **Interpersonal factors and Loss**
  - Emasculated by sCHD / loss of perceived gender role ‘breadwinner’
  - Loss of sexual Intimacy and self worth
  - Loneliness
  - Bereavement/ grief
  - Relationship breakdown: partner and children

- **Health and loss**
  - The ageing body / fears for the future
  - Resistance to medical interventions for depression

- **Control**
  - Patient’s own self-help Strategies involving control And individual (lone) approaches

- **Being a carer / loss of freedom**

- **Relationship with GP and surgery**

- **Preferred treatment type and self-help strategies involving interpersonal / social factors**

- **Erectile dysfunction**

- **Loss of employment and self worth**

- **Lack of financial resources**