115 GP practices informed by post
68 interested GP practices

Randomisation of GP practices to participation list and waiting list

GP practices: Participation list = 45

GP practices: Participation list = 35 + 5 (waiting list)

Study participation: 37 GP practices

1962 patients asked to take part in the study

T0 data assessed: 37 GP practices, 1433 patients

T0 ABPM screening: valid data of 1357 patients

T0 Data of 1120 patients

Randomisation: 37 GP practices
Intervention: 18 GP practices / Control: 19 GP practices

10 GP practices discontinued*
3 GP practices discontinued *

529 patients not willing to take part (27.0%)
Exclusion
76 invalid patients (5.3%)**

237 patients were controlled treated and had no comorbidity (17.5%)

1 GP* practice discontinued
0 Patients

Intervention group: 17 GP practices, 552 patients
Mean patients per GP practice: 32.5 (range: 5-53)

Control group: 19 GP practices, 568 patients
Mean patients per GP practice: 29.9 (range: 8-53)

Intervention SDM training

Treatment as usual

17 GP practices, 463 patients***
Mean patients per GP practice: 27.2 (range: 2-41)

19 GP practices, 478 patients***
Mean patients per GP practice: 25.2 (range: 7-51)

17 GP practices, 427 patients***
Mean patients per GP practice: 25.1 (range: 2-38)

18 GP practices, 419 patients***
Mean patients per GP practice: 23.2 (range: 7-47)

17 GP practices, 381 patients***
Mean patients per GP practice: 22.4 (range: 2-34)

18 GP practices, 357 patients***
Mean patients per GP practice: 19.8 (range: 4-34)