Figure 1: Conceptual framework for the review

Providers
- Doctor
- Nurse
- Allied health
- Educator
- Lay health worker
- Multi-disciplinary team

Interventions
- Information – written, video, oral, pictures
- Web based
- Group self-management support, goal setting or Education
- Individual Motivational interviewing or Coaching
- Telephone based (eg coaching)

Health literacy

Functional health literacy
- Health related knowledge
- Understanding

Interactive health literacy
- Motivation
- Behavioural intentions
- Empowerment

Critical health literacy
- Cognitive skills
- Social skills
- Personal skills
- Self-efficacy

Health literacy outcomes
- Disease knowledge,
- Health related skills,
- Health literacy score: TOFLA, REALM, HALS, TVS

Change in:
- Readiness to change
- Attitudes
- Knowledge
- Patient activation
- Measures of self-efficacy
- Self management score

Behaviour change
- Smoking status
- Nutrition
- Alcohol use
- Physical activity
- Weight

Cost outcome
- Intervention costs,
- Economic evaluation

Drivers and barriers

Individual
- Language
- Knowledge/beliefs
- Ideologies
- Experiences
- Medical conditions

Social/community
- Environment
- Social support
- Social norms
- Networks
- Culture & traditions
- Health system & provider

Accessibility
- Interpreters
- Incentives
- Continuity of care
- Time / workload
- Communication skills

Training
- Provider types
- Up-to-date verbal and written information
- Inter-sectoral

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