Figure 1 - Recruitment procedure

Phase 1: Health professional measures weight and height and calculates BMI

Phase 2: Health professional diagnoses overweight using their clinical judgement

Phase 3: Health professional tries to refer to obesity prevention intervention

Phase 4: Health professional successfully refers to obesity prevention intervention

Phase 5: Parents decide to participate

Child is overweight according to age-and sex-specific BMI cut-off points

Diagnosis

No diagnosis

Attempt to refer

No attempt to refer

Referral

No referral

Current study

Participation

No participation