Intervention Patients SFHC

1. Matched controls

2. Prevention - 1st prevention
   - 2nd prevention
   - 3rd prevention

Rehab Assessments

- PT, OT Functional Asst
  - Goals & action plans (SFHC patients only)
- Performance Measures
- Self Report Measure

Rehabilitation Self Management Program (RSMP)

- Develop & deliver workshop (5 weeks)
  - Self Efficacy
  - Health Care Utilization
  - Self Rated Health

Online Functional Assessment

- http://myoscar.org
  - Online messaging with therapists
  - Feedback from baseline PFI & RAPA
- Physical Functioning Inventory
- Rapid Assessment of Physical Activity

Rehab Assessments

- PT, OT Functional Asst
  - Goals & action plans (SFHC patients only)
- Performance Measures
- Self Report Measure

MFP Patients

Matched controls

Capacity Building

Workshops
- Patient Assessment of Chronic Illness Care
- Primary Care Resources and Support
- Focus Group (FG)

Problem Based Learning Module (PBLM)
- FG
- Participant Feedback

Chart Reviews
- FG

Case Reviews with PCPs
- FG

Flow sheet monitoring physical functioning integrated into EMR
- FG

* Outcomes

Rehab Assessments

6 months