TARGET POPULATION

STUDY POPULATION
Patients meeting eligibility criteria:
-40 to 75 years, both genders
-Dyslipemia

Exclusion Criteria:
- Secondary hypercholesterolemia.
- Familial high-density lipoprotein deficiency.
- CVD, Diabetes, COPD, severe liver disease, kidney disease
- Psychiatric disorders or substance abuse
- Prolonged sick leave.
- Pregnant or nursing.

Randomization
48-50 General Practitioners (n=436 patients)

Research Training Program

EXPERIMENTAL GROUP (24-25 GPs)
218 patients (8-10/doctor)
Pre-inclusion interview (V-1)
Initial assessment
Baseline assessment (V0)
Motivational Interviewing
Follow-up, intervention and assessment
2, 4, 8, 12 months
Degree of lipid level control and CV risk assessment

CONTROL GROUP (24-25 GPs)
218 patients (8-10/doctor)
Pre-inclusion interview (V-1)
Initial assessment
Baseline assessment (V0)
Usual intervention
Follow-up, intervention and assessment
2, 4, 8, 12 months
Degree of lipid level control and CV risk assessment

Data analysis
Conclusions

GPs: General Practices