Patients who are eligible for the study (n = 3000)

Patients not interested in participation (n = 1200)

Patients agree to participate (n = 1800)

Patients with a preference (n = 900)

Observational

Three-monthly monitoring (n = 720)

Patients without a preference (n = 900)

Randomised

Six-monthly monitoring (n = 180)

Three-monthly monitoring (n = 450)

Six-monthly monitoring (n = 450)