Screening & Recruitment

- Greater Lawrence Family Health Center (GLFHC) patient panel prescreened for LLDPP screening criteria
- Letters forwarded to patient providers for signature
- Patients mailed letters and called for screening appointment

Baseline & Follow-up

Baseline Appointment
- Measures include demographics, Stern equation components, weight, glycosylated hemoglobin, diet, physical activity, depression, social support, & quality of life

Randomization
- Usual Care
- Special Intervention

Six-month Follow-up Appointment
- Weight measured

One-Year Follow-up Appointment
- Measures include demographics, Stern equation components, weight, glycosylated hemoglobin, diet, physical activity, depression, social support, & quality of life.

Screening consent & questionnaire completed

Measure the following:
- Weight & Height
- Blood pressure
- Check medications
- Fingerstick (FBS, Total cholesterol, HDL) & Stern risk calculated

Meets criteria/Baseline appointment scheduled

Didn't meet criteria/Provide results

Medical clearance form to MD

Baseline Appointment Scheduled when/if cleared