Trials in Cochrane review with relevant outcome data (n = 118)

- Conditions studied in less than 3 trials (n = 27)
- Two-armed trials (n = 7)
- No baseline assessment (n = 27)

Potentially eligible trials (n = 57)

- Data could not be extracted (n = 14)

Eligible (n = 43)

- Hypertension trials with unreliable estimates (n = 4)
- Outlying trials (n = 2)

Analysed (n = 37)