General practitioners willing to participate in study

Site-specific allocation of general practitioners

General practitioners received training
List of all subjects aged 65 years and older (London, Solothurn)/60 years and older (Hamburg)

- Excluded
  - Dependent in BADL or living in nursing home
  - Cognitive impairment
  - Terminal disease
  - Did not speak regional language

Sent Pra questionnaire (plus BADL question)

Randomisation of included older persons

Allocated to intervention (including HRA-O questionnaire, feedback, and site-specific intervention)

- Excluded
  - Died
  - Living in nursing home
  - Moved away

Sent 1-year follow-up questionnaire (HRA-O, health care use and self-efficacy questions)

- Excluded
  - Died
  - Living in nursing home
  - Moved away

Solothurn only: 2-year follow-up questionnaire (Healthtrac) and chart abstraction

General practitioners did not receive training
List of all subjects aged 65 years and older (London, Solothurn)/60 years and older (Hamburg)

- Excluded
  - Dependent in BADL or living in nursing home
  - Cognitive impairment
  - Terminal disease
  - Did not speak regional language

Sent Pra questionnaire (plus BADL question)

Randomisation of included older persons

Allocated to control (did not receive intervention)

- Excluded
  - Died
  - Living in nursing home
  - Moved away

Sent 1-year follow-up questionnaire (HRA-O, health care use and self-efficacy questions)

- Excluded
  - Died
  - Living in nursing home
  - Moved away

Solothurn only: 2-year follow-up questionnaire (Healthtrac) and chart abstraction

Concurrent comparison group (did not receive intervention)

- Excluded
  - Died
  - Living in nursing home
  - Moved away

Sent 1-year follow-up questionnaire (HRA-O, health care use and self-efficacy questions)