Systematically identify relevant ("best fit") publications of frameworks, conceptual models or theories using the BeHEMoTh approach

Systematically identify relevant primary research studies with qualitative evidence using the SPIDER approach

Generate the a priori framework from identified publication(s) using thematic analysis

Extract data on study characteristics from included studies and appraise the quality of the studies

Code evidence from included studies against the a priori framework

Create new themes by performing thematic analysis on any evidence that cannot be coded against the framework

Produce new framework composed of a priori and new themes supported by the evidence

Revisit evidence to explore relationships between themes or concepts, thus creating a model

“Test” this synthesis and model by exploring the issues of dissonance and the impact of variables such as quality