Figure 1. EPHT Trial flow chart.

- Assessed for eligibility N=14743
  - Randomised N=4170
    - Excluded N=10573
      - Not meeting inclusion criteria N=2311
      - Declined to participate N=8137
      - Pilot study N=125
    - Blind HT N=1043
    - Non-blind HT N=1045
    - Placebo N=1040
    - Non-treatment N=1042
  - Allocated to intervention N=404
    - Not allocated to intervention N=639
      - Lost to follow-up N=4
        - Analysed N=404
      - Analysed N=639
    - Allocated to intervention N=494
      - Not allocated to intervention N=551
        - Lost to follow-up N=1
          - Analysed N=494
      - Analysed N=551
    - Allocated to intervention N=373
      - Not allocated to intervention N=667
        - Lost to follow-up N=1
          - Analysed N=373
      - Analysed N=667
    - Allocated to intervention N=507
      - Not allocated to intervention N=535
        - Lost to follow-up N=4
          - Analysed N=507
      - Analysed N=535