The Canadian C-Spine Rule

Please check off all choices within applicable boxes:

1. Any One High-Risk Factor Which Mandates Immobilization?
   - No
   - Yes
   - Yes

2. Any One Low-Risk Factor Which Allows Safe Assessment of Range of Motion?
   - No
   - Yes
   - Yes

3. Patient Voluntarily Able to Actively Rotate Neck 45° Left and Right When Requested, Regardless of Pain?
   - No
   - Yes
   - Yes

* Dangerous Mechanism
  - fall from elevation ≥3 feet/5 stairs
  - axial load to head, e.g. diving
  - MVC high speed (≥100 km/hr), rollover, ejection
  - motorized recreational vehicles e.g. ATV
  - bicycle collision with object e.g. post, car

** Simple Rearend MVC Excludes:
  - pushed into oncoming traffic
  - hit by bus/large truck
  - rollover
  - hit by high speed vehicle (≥100 km/hr)

*** No C-Spine Immobilization