• 388 articles screened for inclusion

• 374 articles excluded as irrelevant or duplicate papers based on title and/or abstract

• 14 articles retrieved for further analysis

• 7 articles rejected due to being review, duplicate data, and/or of non-randomized trials

• 7 studies included in the systematic review (including data from 5 separate trials)
  • 2 studies analysed data from subpopulations of the larger study