Electronic database search – 2 search strategies and 7 databases (n=4556)

Duplicate records (n=1148)

Records identified through reference chaining (n=56)

Excluded (n=3290)

Titles and abstracts screened (n = 3464)

Dissertations unable to retrieve (n=14)

Full text papers assessed for eligibility (n=160)

133 papers excluded
Includes CABG / heart failure.
Not relevant to lifestyle change.
Mixed patient group / diagnoses.

Papers included in the synthesis (n = 27)