Figure 1.

Records identified through database searching (n = 734)

Additional records identified through other sources (n = 7)

Records after duplicates removed (n = 621)

Records excluded (n = 601)

Records screened (n = 621)

Full-text articles assessed for eligibility (n = 20)

Full-text articles excluded (n = 15)
  - Inappropriate Population (n = 2)
  - Inappropriate Study Design (n = 8)
  - Inappropriate Intervention (n = 1)
  - No Outcomes of Interest (n = 4)

Studies included in qualitative synthesis (n = 5)

Studies included in quantitative synthesis (meta-analysis) (n = 5)