Excluded (n=118)
- Declined to participate (n=76)
- Not eligible (n=11)
- Randomisation line unavailable (n=3)
- Exercise test only (n=1)
- Unknown (n=27)

Not invited to participate (n=32)
- Poor English (n=5)
- Last minute appointment (n=8)
- Appointment made before clinic designated a study clinic (n=7)
- Unable/unwilling to answer baseline questionnaire (n=1)
- Unknown (n=10)

Randomised (n=120)

Allocated to Discussion arm (n=60)
- Received discussion and pamphlet (n=60)

Allocated to Pamphlet arm (n=60)
- Received pamphlet alone (n=60)

Follow-Up and analysis

Returned baseline data (n=60)
Returned post-clinic data (n=60)
Returned month 1 data (n=47)
Returned month 6 data (n=46)
Figures based on primary endpoint return rate (reassurance questionnaire)

Returned baseline data (n=60)
Returned post-clinic data (n=59)
Returned month 1 data (n=49)
Returned month 6 data (n=50)
Figures based on primary endpoint return rate (reassurance questionnaire)

Enrollment

Attended a study clinic during study period (n=270)

Invite sent (n=238)

Excluded (n=118)
- Declined to participate (n=76)
- Not eligible (n=11)
- Randomisation line unavailable (n=3)
- Exercise test only (n=1)
- Unknown (n=27)