Figure 1. CONSORT Diagram

Assessed for Eligibility
N=69

Excluded (N=33)
Not meeting inclusion criteria (n=2)
Met exclusion criteria (n=6)
Refused to participate (n=12)
Other reasons (n=13)

Randomized (N=36)

Allocated to 5 mL (N=12)
Received intervention (n=12)
Did not receive intervention (n=0)

Lost to follow-up (N=1)
Discontinued intervention (n=0)
Other (n=1)
Did not return 12 week call

Analyzed (N=12), acute;
(N=11, 12 week)
Excluded from analysis (n=0), acute;
(n=1, 12 week)

Allocated to 10 mL (N=12)
Received intervention (n=12)
Did not receive intervention (n=0)

Lost to follow-up (N=0)
Discontinued intervention (n=0)
Other (n=0)

Analyzed (N=12)
Excluded from analysis (n=0)

Allocated to 20 mL (N=12)
Received intervention (n=12)
Did not receive intervention (n=0)

Lost to follow-up (N=0)
Discontinued intervention (n=0)
Other (n=0)

Analyzed (N=12)
Excluded from analysis (n=0)