Enrollment

Assessed for eligibility (n=125)

- Excluded (n=5)
  - Not meeting inclusion criteria (n=2)
  - Declined to participate (n=3)
  - Other reasons (n=0)

Randomized (n=120)

Allocation

- Allocated to intervention (n=60)
  - Received allocated intervention (n=59)
  - Did not receive allocated intervention (reason - error) (n=1)
- Allocated to intervention (n=60)
  - Received allocated intervention (n=60)
  - Did not receive allocated intervention (give reason - error) (n=2)

Follow-Up

- Lost to follow-up (reason – not contactable for interview) (n=2)
  - Discontinued intervention (n=1)
  - Lost to follow-up (reason – not contactable for interview) (n=3)
    - Discontinued intervention (n=0)

Analysis

- Analysed (n=56)
  - Excluded from analysis (reasons – fluid error 1, uncontactable 2, discontinued intervention 1) (n=4)
  - Analysed (n=55)
    - Excluded from analysis (reasons – fluid error 2, uncontactable 3) (n=5)