**Pretest**

- Learning
- Intra-manual (near, far)
- Inter-manual

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**Practice session**

- Training group: playing a melody (50 trials / day)
- Control group: rest

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**Posttest**

- Learning
- Intra-manual (far)
- Learning
- Intra-manual (far)
- Learning
- Intra-manual (far)
- Learning
- Intra-manual (near, far)
- Inter-manual