Pubmed (n=90), Embase (n=927), Cochrane(n=15)
Totally (n=1032)

Records after duplicates removed (n=97)

Records screened (n=935)

Records excluded (n=877)

Full-text articles assessed for eligibility (n=58)

Full-text articles excluded (n=40)
Animal experimentation (n=21)
Reviews (n=11)
Trials in vitro (n=5)
Not asthma (n=3)

Studies included in qualitative synthesis (n=18)
randomized controlled trials (n=9)
retrospective studies (n=7)
controlled clinical trials (n=2)