Assessed for eligibility (n=155)

Excluded (n=65)
- Not meeting inclusion criteria (n=25)
- Not interested in psychological treatment or treatment in groups (n=32)
- Considered not suitable for the project by the therapist (n=5)
- Other reasons (n=3)

Allocated to waiting-list (n=45)
Fulfilled or partly fulfilled assessment II (n=41)
Did not complete any part of assessment II (No longer interested) (n=4)

Assessed for eligibility (n=155)

Excluded (n=65)
- Not meeting inclusion criteria (n=25)
- Not interested in psychological treatment or treatment in groups (n=32)
- Considered not suitable for the project by the therapist (n=5)
- Other reasons (n=3)

Allocated to treatment (n=45)
Fulfilled or partly fulfilled assessment II (n=41)
Did not complete any part of assessment II (No longer interested) (n=4)

Assessment I

Eligible and Randomized (n=90)

Assessment II
(Week 1)

Allocated to treatment (n=45)
- Fulfilled or partly fulfilled assessment II (n=41)
- Did not complete any part of assessment II (No longer interested) (n=4)

Allocated to waiting-list (n=45)
- Fulfilled or partly fulfilled assessment II (n=41)
- Did not complete any part of assessment II (No longer interested) (n=4)

Assessment III
(Week 9)

Received allocated intervention and fulfilled or partly fulfilled assessment III (n=35)
Did not receive allocated intervention and didn’t fulfill assessment III (No longer interested) (n=6)

Assessment IV
(Week 26)

Fulfilled or partly fulfilled assessment IV (n=35)
Fulfilled or partly fulfilled assessment IV (n=37)