Funnel Plots

The Effects of Physical Activity on Sleep: A Meta-Analytic Review
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Acute Exercise: Stage 1 Sleep

![Funnel Plot of Standard Error by Std diff in means](image1)

Acute Exercise: Slow Wave Sleep

![Funnel Plot of Standard Error by Std diff in means](image2)

Acute Exercise: Rapid Eye Movement Sleep

![Funnel Plot of Standard Error by Std diff in means](image3)