Questionnaire – What do you already know

Date: Code:

You can complete this questionnaire anonymously, so you do not need to write your name on it. The trainer will not see your answers and will not discuss them with you.

Complete the following multiple choice questions.
Every question has only one correct answer, so choose the option you think is best.

1. **What is puberty?**
   - O the age period between ten and nineteen years old in which the body of a child develops into the body of an adult
   - O the age period in which teenagers behave rebellious and sassy
   - O I don’t know

2. **What do we mean by someone’s total expression?**
   - O invisible radiance coming from the body
   - O the impression someone is giving other people about himself or herself
   - O I don’t know

3. **Which of the following is not a physical feature?**
   - O body posture
   - O clothing style
   - O character
   - O piercing
   - O I don’t know

4. **Take a look at picture 1. When a girl wears sexy clothing like in this picture, the girl wants to have sex.**
   - O true
   - O false
   - O I don’t know

5. **What is the purpose of making eye contact during a conversation?**
   - O to show to whom you are talking to and to show that you are listening to someone
   - O to know how often someone blinks
   - O eye contact doesn’t have a purpose, it’s not important
   - O I don’t know

6. **How do you call the female genitals?**
   - O anus
   - O vagina
   - O clitoris
   - O I don’t know

7. **How do you call the male genitals?**
   - O scrotum
   - O anus
   - O penis
   - O I don’t know
8. Take a look at this picture. How do you call the numbered body parts?

9. Take a look at this picture. How do you call the numbered body parts?

10. What is menstruation?
- O monthly blood loss occurring in a girl or a woman
- O fertilization of an egg cell
- O it's the same as masturbation
- O I don't know

11. What is an erection?
- O an injection when you are feeling sick
- O circumcised male genitals
- O when the male genital becomes stiff
- O I don't know
12. When can a person have an erection?
O when someone is having a circumcision because of religious beliefs
O any given moment, without a reason or during sexual arousal (excitement) or touch
O when someone finds out he has a contagious virus
O I don’t know

13. What is ejaculation?
O planting seeds in fertile soil
O the release of one sperm cell
O the release of millions of sperm cells
O I don’t know

14. What is a wet dream?
O when a boy wets his bed
O an ejaculation during sleep
O a nightmare after which you wake up sweating
O I don’t know

15. What is masturbation?
O the same as menstruation
O the same as making love with yourself
O when a man satisfies a woman with his hands
O I don’t know

16. What is another definition for orgasm?
O to come
O explosion
O gas formation
O I don’t know

17. What is for most people not important in a friendship?
O to meet each other regularly
O to trust each other
O to wear the same clothes
O to respect each other
O I don’t know

18. Which of these situations is the best example of a friendship?
O when two people regularly meet
O when two people have never met each other but have daily contact by computer
O when two people meet on vacation and the next day they undertake an activity
O when two people sit next to each other in class and talk about schoolwork
O I don’t know

19. What does attraction mean?
O gravity between two bodies
O when somebody tries to make his/her appearance more attractive
O when somebody finds another person attractive
O I don’t know
20. What is never a part of 'being in love'?
O to think about someone all the time
O a brother and sister who love each other
O tension, insecurity, blushing
O to be attracted to someone
O I don't know

21. What is the right description for 'sexual preference'?
O when you want to have sex with someone
O when you are falling in love with someone of your own or the opposite sex
O the age you prefer to have sex for the first time
O I don't know

22. There are many ways to find out about your own sexual preference. How do most people discover their preference?
O it shows itself, because you fall in love with someone
O by waiting to see who wants to have sex with you
O by having sex with different people at age of 16
O I don't know

23. When is someone heterosexual?
O when someone always falls in love with a person of the opposite sex
O when someone always falls in love with a person of the same sex
O when someone falls in love with someone of the same sex at one time and with someone of the opposite sex at another time
O I don't know

24. What does 'coming out' mean?
O to tell openly people that you are heterosexual
O to tell openly people that you are gay or bisexual
O to tell openly people what your sexual fantasies are
O I don't know

25. What is not a description of flirting?
O to urgently want to have sex with someone
O to use body language to let somebody know that you like or love him/her
O to send each other text messages or e-mails in which you show that you like each other
O I don't know

26. How can you tell if you are ready for sex or not?
O you can never know, you first have to try it and then you will know
O if you are older than 16, you are certainly ready for sex
O if you feel like having sex, you fantasize about it and desire to have sex with someone then you are ready to have sex
O I don't know

27. What is the Pill?
O a pill that prevents sexual transmitted diseases
O a pill that girls/women take to prevent pregnancy
O a pill you can take after unsafe sex to terminate a possible pregnancy
O I don't know
28. Which statement is true about condom use?
O you can use a condom several times
O a condom protects against sexually transmitted diseases and pregnancy
O it’s safer to put on two condoms instead of one
O I don’t know

29. Which statement is false about STD?
O a STD is the same as a venereal disease
O you can get a STD from masturbation
O you can get a STD by having unsafe sex
O a STD is a sexual transmitted disease
O I don’t know

30. What is the meaning of ‘being horny’?
O to feel like having sex, to be excited
O to feel uncomfortable
O when you lost your virginity
O I don’t know

31. Why is foreplay mostly important?
O to get sexually aroused and to relax before you have sexual intercourse
O to get to know someone better before you have sexual contact
O to make sure everyone understands the rules before you play a game
O I don’t know

32. What is correct about the hymen?
O the hymen proves that you lost your virginity
O the hymen is a small tissue at the beginning of vaginal opening
O the hymen is a membrane that closes the vagina.
O I don’t know

33. What is fertilization?
O when fruits are ripe and the pits or seeds are used to plant new fruits
O when a women loses amniotic fluid while giving birth
O when the core of the sperm cell melts with the core of the ovum
O I don’t know

34. What happens when an ovum is not fertilized?
O the ovum dissolves
O the ovum goes back to the ovary
O the ovum goes to the uterus and settles in
O I don’t know

35. How can an unwanted pregnancy be terminated?
O by condom use
O by abortion or an abortion pill
O by unhealthy food or drink
O I don’t know
36. What is ‘deviant’ behavior?
O behavior that occurs in several countries in the world
O behavior that crosses someone’s personal boundaries
O I don’t know

37. Which of the following statements about the media (e.g. internet, TV) is correct?
O in the media all you see is fake
O in the media people often show a different picture of reality
O in reality everything is more beautiful than in the media
O I don’t know

THE END