Indication for CTC Grading of Peripheral Neuropathy

No changes observed since the previous test.  

Are you experiencing changes in sensation during the past week?

<table>
<thead>
<tr>
<th>YES</th>
<th>If so, where?</th>
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<tr>
<td></td>
<td>In the toes</td>
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- When touched  
- Numbness  
- Tingling  
- Changes in temperature sensation  
- Are you experiencing any pain (burning, stabbing, stinging or cramping)?  
  - The pain is continuous  
  - The pain is intermittent

Are you experiencing changes in the following function during the past week?

- Frequent urination  
- Difficulty holding urine or fully emptying bladder  
- Sexual activity:  
  - Problems achieving an erection  
  - Reduced lubrication during arousal  
- Constipation  
- Diarrhoea  
- Dizziness when standing up  
- Palpitations  
- Increased sweating  
- Reduced sweating

Are you experiencing a loss of muscle strength?  YES  If so, where?  In the arms  In the legs

Are you experiencing any problems carrying out the activities below during the past week?

**Self-care activities:**
- Holding cutlery and eating unaided  
- Walking independently  
- Opening/closing doors unaided  
- Driving a car unaided

**Instrumental activities:**
- Using a computer keyboard/telephone  
- Buttoning/unbuttoning  
- Tying shoelaces  
- Writing  
- Preparing meals

Are you using any walking aids?  (e.g. crutches, rollator, etc.)

Is pain affecting your daily activities?
• If the patient experiences change in sensation
  ➔ Grade 1 or higher
• If the patient also experiences pain
  ➔ Grade X with pain
• If the patient experiences changes in muscle strength
  ➔ Grade 2 or higher
• If the patient experiences limitations in instrumental activities of daily living (IADL)
  due to neuropathic symptoms or pain
  ➔ Grade 2 or higher
• If the patient experiences limitations in activities of daily living (ADL)
  due to neuropathic symptoms or pain
  ➔ Grade 3 or higher
• If the patient experiences autonomic function changes
  ➔ Grade 2 or higher
• In the event of disabling neuropathy
  ➔ Grade 4

ADL= activities of daily living

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