baseline examination (1994-1998):
median age: 47 years
- questionnaires:
  - breast-feeding duration per child (self-report)
  - covariates: nutrition, socioeconomic and lifestyle factors and oral contraceptive use
  - weight at age of 25 years (self-report)
- physical examination: weight, height, waist circumference
- blood sample collection for biomarker measurement

ESM Figure 2 Study design and the time points of data assessment
BMI_{25}, BMI at age of 25 years; BMI_{b}, BMI at baseline; waist_{b}, waist circumference at baseline; biomarker_{b}, measured biomarker levels in blood samples collected at baseline