How Do the Attitudes and Beliefs of Older People and Healthcare Professionals Impact on the Use of Multi-Compartment Compliance Aids?
A Qualitative Study Using Grounded Theory

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Supplemental Digital Content

This Supplemental Digital Content contains the Appendix referred to in the full version of this article, which can be found at http://adisonline.com/aging.
Appendix S1: Topic Guides

Topic Guide for Older People

Can you think back to the time before you had your medicines put into a special box?

1. Can you tell me how you managed your medicines?
2. Did you ever have a special way of reminding yourself to take your medicines?
   - Prompt Some people put the containers in special places.
   - Prompt Some people make charts.
   - Prompt Some people put the medicines in other containers.
3. Does anyone help you with your medicines at home?
   - What do they do?
4. Do you remember who first suggested that you had your medicines in this type of box?
   - Prompt Can you tell me who it was?
   - Prompt Do you know why they suggested it?
5. Were you asked if you wanted your medicines dispensed in this way?
   - Prompt Would you have said no if asked?
   - Prompt Were you offered a choice of box?
6. How do you manage with your box?
   - Prompt Can you describe how you remove the medicines from the box?
7. What benefits are there in having a box?
8. I would now like to talk to you about taking medicines in general.
   - Prompt Is taking medicines correctly important?
   - Prompt Do you think you take too many?
   - Prompt Do you hold any personal beliefs about medicines?
9. Can I ask you now about being independent, is that important?
10. Finally can I ask about the relationship you have with healthcare professionals for example your GP or hospital doctor, your pharmacist and any nurses. As an older person do you think your age affects this relationship?

**Topic Guide for Healthcare Professionals**

1. Multi-compartment compliance aids (MCAs) [e.g. Dosette, Nomad, Venalink] are often recommended for people in this age group who are taking a number of different medicines. Do you recommend such use?
   - Can you tell me more about this?
   - Which patients would you recommend an MCA for?
   - What are the advantages of an MCA?
   - What are the disadvantages?

2. Do you see evidence of older people not taking their medication by choice?
   - If this happens what action would you take?
   - Can you tell me how you feel about patients who intentionally non-comply?

3. Older people have talked to me about independence and how this is important to them. Have you seen evidence of this in your practice?

4. Some older people have told me that they feel they are treated differently because of their age. Is this something you have observed and can you comment further?