

STRUCTURES / THEMES

MEANING OF GAMBLING

- Pleasure/excitement
- Gives meaning to life
- Dignity/recognition
- Hobby
- Entertainment

BELIEFS ABOUT GAMBLING

- Optimistic view on gambling wins
- Gambling as an easy way to win money
- Gambling as an investment

Good Self

- Gamble with own money
- Spend time with family
- Able to spend money on family
- Abstain from gambling

Bad Self / Selfish

- Borrowing money to gamble
- Neglecting family
- Not providing for family expenses
- Being in debt
- Relapse after promising to stop gambling

Change

May not change

CESSATION OF GAMBLING

Reasons for Abstinence

- Temporary abstinence due to work commitment
- Pressure of debts
- Appeasing family expectation
- Feelings of guilt

SELF PERCEPTION

FAMILY

