

Identification

818 records were assessed for eligibility through database:

Pubmed (n=208)
Cochrane library (n=89)
Science Direct (n=48)
CNKI (n=267)
Wan Fang (n=206)

205 records from:

Google (n=205)

Screening

1023 records

583 duplicates removed

440 records screened

413 records excluded

Not monotherapy design (n=193)
Not clinical trial (n=147)
Non-Randomized Controlled Trials (n=23)
Reviews (n=50)

Eligibility

27 full-text articles assessed for eligibility

12 full-text articles excluded

Non-Randomized Controlled Trials (n=2)
Not adult patients or unclear age range (n=2)
Results Incomplete (n=4)
Redundant publications (n=1)
Plagiarism (n=1)
Medication failure before test (n=2)

Included

15 studies included in quantitative synthesis (meta-analysis)