

Spinal Conditions	Intervention	Evidence		
		Inconclusive	Moderate	High
Acute Low Back Pain	Spinal manipulation /mobilization		positive	
Chronic Low Back Pain	Spinal manipulation /mobilization			positive
Chronic Low Back Pain	Massage		positive	
Chronic Low Back Pain	Foot reflexology added to usual medical care	non-favorable		
Sciatica/ Radiating Leg Pain	Spinal manipulation /mobilization	favorable		
Coccydynia	Spinal manipulation	favorable		
Mid Back Pain	Spinal manipulation	favorable		
Acute/subacute Neck Pain	Thoracic spinal manipulation/ mobilization		positive	
Acute Whiplash-Associated Disorders	Mobilization with exercise		positive	
Chronic Neck Pain	Spinal manipulation /mobilization with exercise		positive	
Neck Pain of any duration	Cervical spinal manipulation/ mobilization alone	favorable		
Chronic Neck Pain	Massage		positive	