

Number of trials identified from
48 Cochrane Reviews

444

Study Exclusions:

- Duplicates trials used in more than one review (24)
- No full report available (12)
- Non-RCTs: (58)

Number of trials included in
evaluation:

350

Number of trials with
pharmacological intervention:

204

Number of trials with non-
pharmacological intervention:

146

Type of intervention
(‘pre’ and ‘post’ RA COS):

- DMARD/SAARD: Pre: **45**, Post: **37**
- SMARD: Pre: **52**, Post: **19**
- Glucocorticoids: Pre: **2***, Post: **10****
- Biologics: Pre: **0**, Post: **39**

Type of intervention
(‘pre’ and ‘post’ RA COS):

- | | |
|------------------------|----------------------------------|
| Alternative therapies: | Pre: 15 , Post: 10 |
| Assistive technology: | Pre: 0 , Post: 1 |
| Diet: | Pre: 6 , Post: 8 |
| Exercise: | Pre: 5 , Post: 3 |
| Rehabilitation: | Pre: 55 , Post: 40 |
| Surgical: | Pre: 0 , Post: 3 |