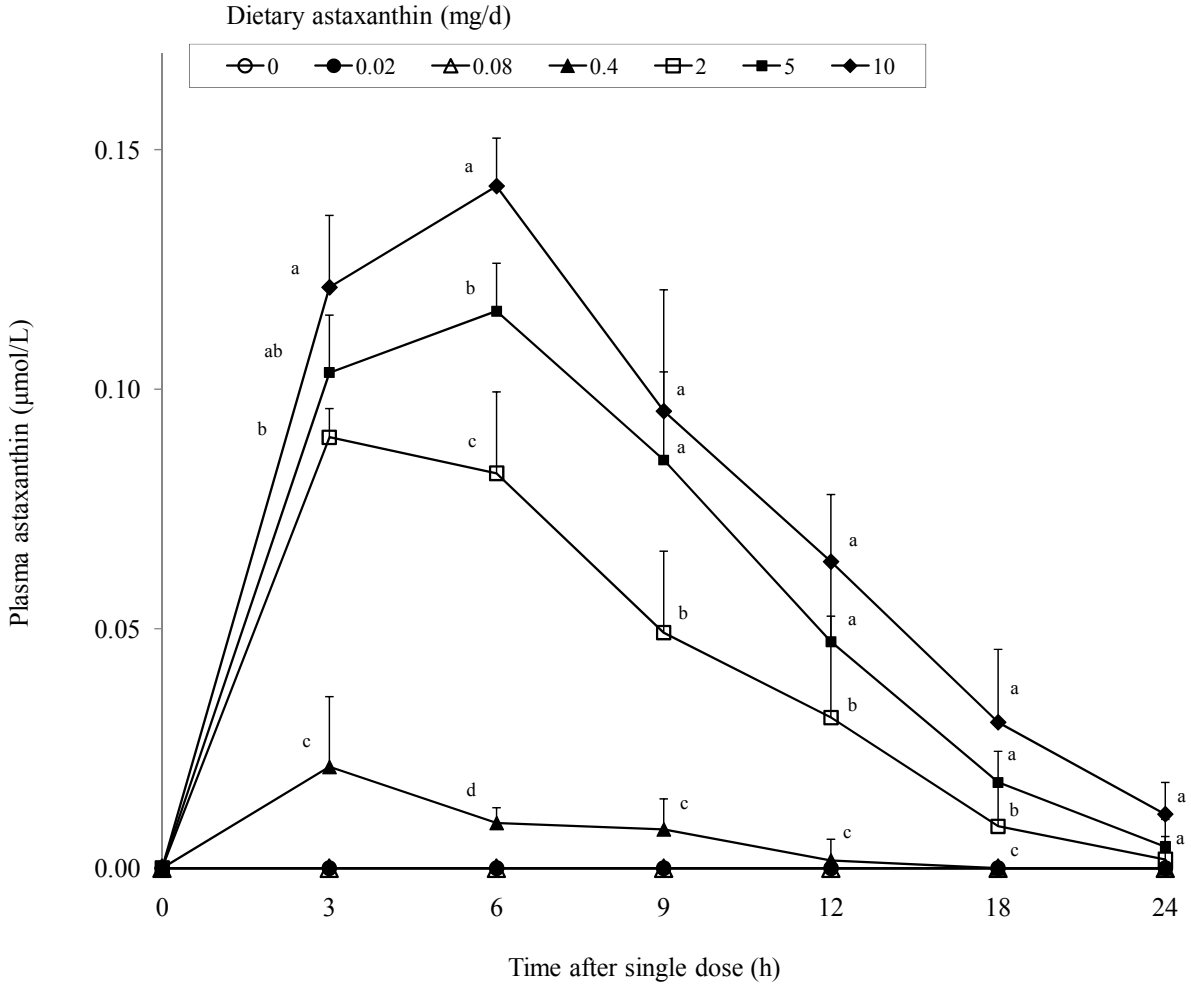
Dietary astaxanthin (mg/d)
0
0.02
0.08
0.4
2
5
10
Plasma astaxanthin (μmol/L)
0.15
0.10
0.05
0.00
0
3
6
9
12
18
24
Time after single dose (h)