

578 abstracts screened for inclusion after searching with
“nicotine” AND “smoking” AND “gum” OR “Patch” OR “spray”
OR “inhalers” OR “Tablet” OR “lozenge” AND “clinical trial”

366 abstracts
excluded as irrelevant

212 full text paper publications
retrieved for potential inclusion

92 studies were further excluded:

- 21: duplicated studies
- 62: no NRT side effects reported
- 3: NRT in treatment of smokeless tobacco users
- 4: no clinical data but experimental data instead.

120 studies included:
92 RCTs
28 studies considered
observational