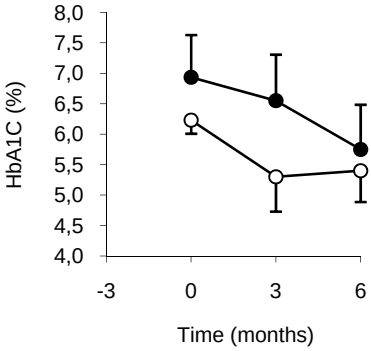
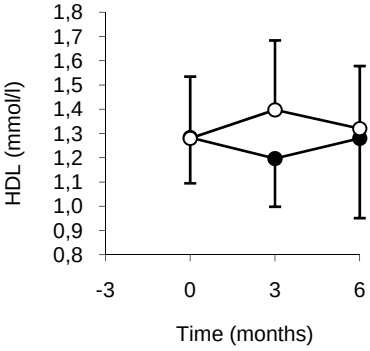
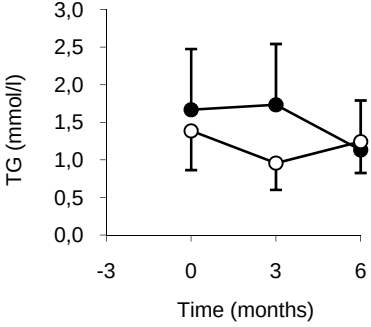
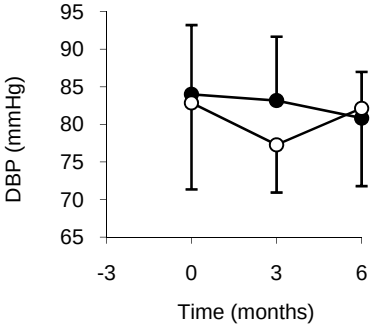
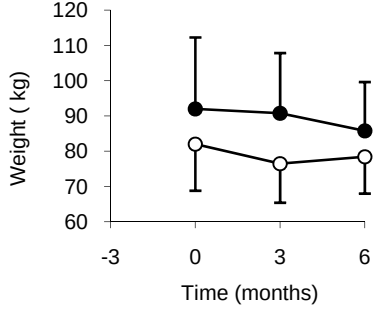
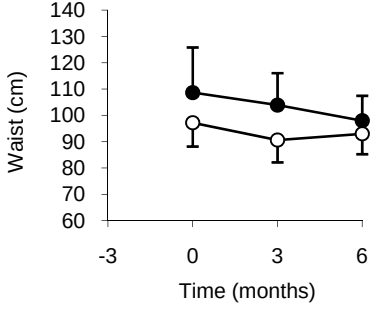

HbA1C (%)
8,0
7,5
7,0
6,5
6,0
5,5
5,0
4,5
4,0
-3
0
3
6
Time (months)


HDL (mmol/l)
1,8
1,7
1,6
1,5
1,4
1,3
1,2
1,1
1,0
0,9
0,8
-3
0
3
6
Time (months)


TG (mmol/l)
3,0
2,5
2,0
1,5
1,0
0,5
0,0
-3
0
3
6
Time (months)


DBP (mmHg)
95
90
85
80
75
70
65
-3
0
3
6
Time (months)


Weight (kg)
120
110
100
90
80
70
60
-3
0
3
6
Time (months)


Waist (cm)
140
130
120
110
100
90
80
70
60
-3
0
3
6
Time (months)