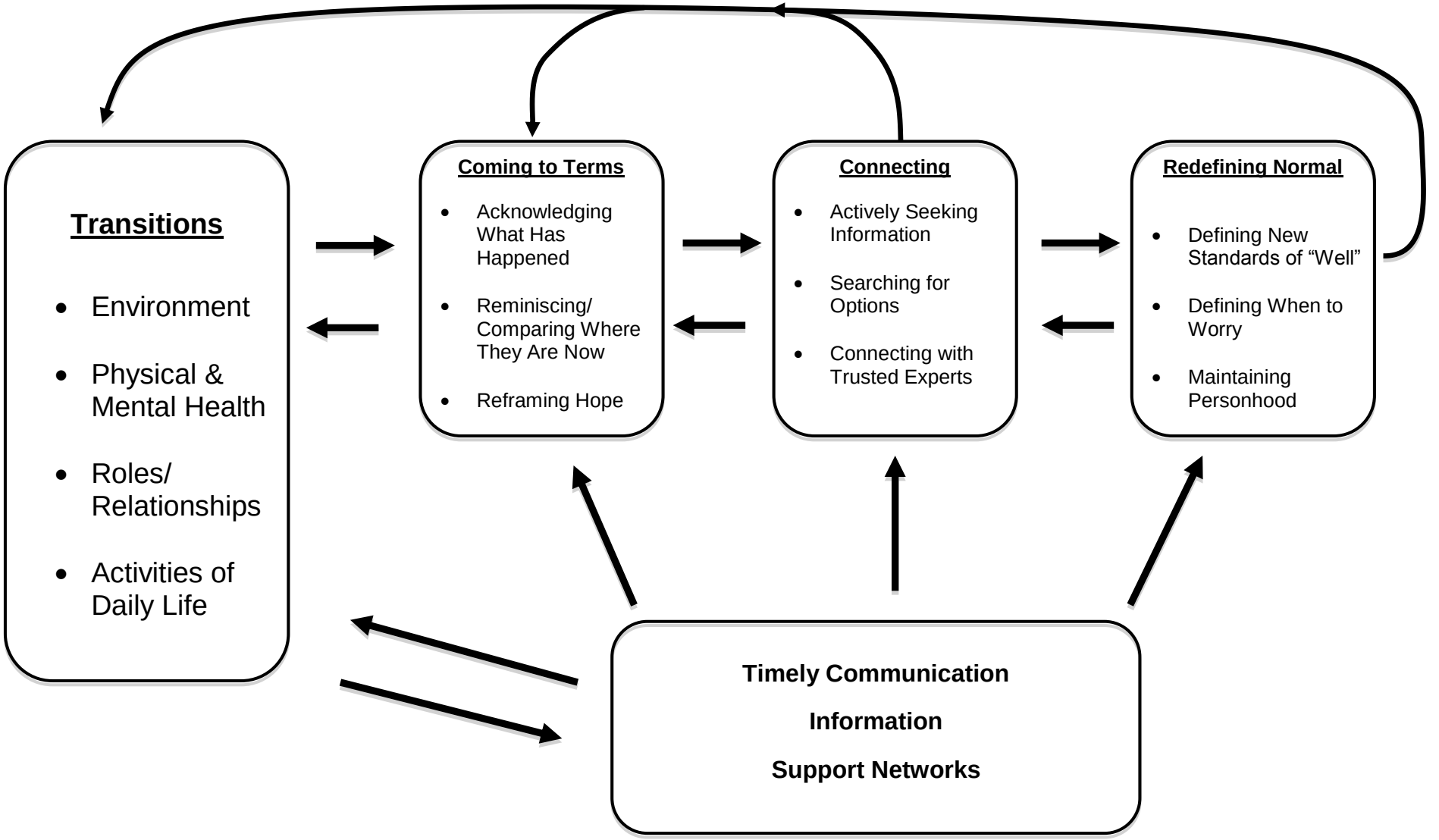
Transitions
Environment
Physical & Mental Health
Roles/ Relationships
Activities of Daily Life
Coming to Terms
Acknowledging What Has Happened
Reminiscing/ Comparing Where They Are Now
Reframing Hope
Connecting
Actively Seeking Information
Searching for Options
Connecting with Trusted Experts
Redefining Normal
Defining New Standards of "Well"
Defining When to Worry
Maintaining Personhood
Timely Communication
Information
Support Networks