Table 1 Characteristics of the study variables. The Health 2000 Study, n=3471.

	n (%)			
	Men	Women	All	*P* for gender
	(n=1695)	(n=1776)	(n=3471)	difference
Number of participants living alone	244 (14.4)	260 (14.6)	504 (14.5)	0.838
Number of antidepressant users:				
At baseline	75 (4.4)	140 (7.9)	215 (6.2)	<0.001
During 7-year follow-up	235 (13.9)	362 (20.4)	597 (17.2)	<0.001
Incident users during 7-year follow-up	175 (10.3)	245 (13.8)	420 (12.1)	0.002
Psychosocial factors:[a]				
Poor job climate	622 (36.7)	604 (34.0)	1226 (35.3)	0.098
Lack of support at the workplace	618 (36.5)	551 (31.0)	1169 (33.7)	0.001
Lack of social support in private life	600 (35.4)	626 (35.2)	1226 (35.3)	0.926
High cynical hostility	455 (26.8)	466 (26.2)	921 (26.5)	0.687
Sociodemographic factors:				
Low occupational grade (blue-collar)	753 (44.4)	431 (24.3)	1184 (34.1)	<0.001
Lack of secondary education	387 (22.8)	384 (21.6)	771 (22.2)	0.391
Low income (<50% of national median)	182 (10.7)	213 (12.0)	395 (11.4)	0.244
Temporarily outside working life[b]	122 (7.2)	170 (9.6)	292 (8.4)	0.012
Urban residency	1058 (62.4)	1193 (67.2)	2251 (64.9)	0.003
Living at rent	379 (22.4)	402 (22.6)	781 (22.5)	0.846
Poor housing conditions[c]	152 (9.0)	185 (10.4)	337 (9.7)	0.149
Health behaviors:				
Daily smokers	490 (28.9)	380 (21.4)	870 (25.1)	<0.001
Heavy alcohol use[d]	241 (14.2)	135 (7.6)	376 (10.8)	<0.001
Infrequent physical activity[e]	336 (19.8)	424 (23.9)	760 (21.9)	0.004
Obesity (BMI≥30)	310 (18.3)	340 (19.1)	650 (18.7)	0.519

[a]The highest tertile is the cut-off point.

[b]Unemployed, home-maker, full-time student, or retired during past 12 months.

[c]At least 2 of the following: draft, noise, dust or dirt, dampness, chilliness, crowding, fear.

[d]According to WHO definintion: >20g for women per day, >40g for men per day

[e]Less than 4 times per week of any activity, including moderate activity such as walking